



Swami Vivekananda Rural Community College (SVRCC),

Name of the Programme- Vocational Diploma in Beautician - Syllabus (Flexible Skill Training Mode)

Course Title	Skin Care and Grooming
Course Code	VDIB-1
Course Credit	4

Course Objectives

While studying the **Skin Care and Grooming**, the student shall be able to:

- Understand the anatomy and the basic skin types of the Human
- Describe the equipment and tools used for Skin Care
- Explain the steps of giving massage during facial
- Demonstrate the manicure and pedicure procedures

Course Outcomes

After completion of the **Skin Care and Grooming**, the student will be able to:

- State the types of skin of human
- Select the type of make-up accessories for various types of skin and situation
- Perform eye and lip make-up including corrections
- Demonstrate various types of Facials and massaging manipulations

Block- 1: Human Body Anatomy and Structure of Skin

Unit-1: Anatomy and Physiology of Human Body

Systems of the Body-Bones of the Head and Neck -Muscles of the Head and Neck
-Blood Vessels of the Head and Neck -Nerves of the Head, Face and Neck- Sanitation-
Bacteria- Fungi- Viruses- Professional Hygiene

Unit-2: Skin and its Structure

Structure of the Skin-Sweat Glands and the Oil Glands - Hair Follicle and Erector Pili-
Skin Types-Cosmetology- Making a Professional Judgment- Healthy and Beautiful Skin
- Environment and Skin Beauty -Biological Influences on the Skin -Anatomy of Acne

Unit-3: Histology of Skin

Layers of Skin - Functions of Skin - Skin Disorders- Chemistry Needed for Aesthetician's- Electrical Gadgets Normally Used in Beauty Centres- Herbs and Natural Products Often Used -Electrical Machines & Apparatus used for Skin Care- Steam Bath

Block -2:Make-Up and Cosmetic Materials

Unit-4: Cosmetic Materials

Basic Beauty Wardrobe- Makeup and its contents- Colouring Agents- Effect of Artificial Lighting on Makeup- Implements and Materials Used- Corrective Makeup- Stage TV and Film Makeup- Difference between Stage, Film and TV Makeup- Factors to be considered while doing TV and Film Makeup- Makeup Kit

Unit-5: Eye Make-up and Hair Removal

The Structure of the Eye-Eye Treatments-Special Eye Exercises-Eye Brow Shaping- Superfluous Hair- Methods for Removal- Methods used on different Parts of the Body

Block- 3: Pedicure, Manicure and Electrotherapy

Unit-6: Manicure and Pedicure

Manicurist- Nails- Manicure- Special Manicure- Type of Services- Pedicure- Common Foot Problems- Pedicuring- Equipments Required- Procedure- Precautions

Unit-7: Electrotherapy

High Frequency- Hood Drier- Galvanic Current- Ozone Unit- Ringlets- Hot Rollers-Roller Setting- Ear and Nose Piercing

Block -4: Massage and Facials

Unit-8: Introduction to Massage

Massage - Types of Massage - General Effects of Massage - Draping for a Facial- Facial Massage - Commonly used Manipulations- Cleansing of the Skin - Steaming of the Face- Methods of Steaming

Unit-9: Massage Therapy and Facials

Types of Massage Movements- Swedish Massage- Aroma Therapy Massage-Facial- Advantage of Facial- Facial Massage Stroke- Facial Treatment



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Course Title	Hair Care and Styling
Course Code	VDIB-2
Course Credit	4

Course Objectives

While studying the **Hair Care and Styling**, the student shall be able to:

- Learn about the structure and types of Hair
- Describe about scalp manipulation and hair rinsing process
- Explain the procedure for various thermal hair styling like roll, straightening preming
- Gain knowledge about hair colouring and the process

Course Outcomes

After completion of the **Course Hair Care and Styling**, the student will be able to:

- Explain the hair growth rate and hair damages
- Demonstrate the hair shampooing techniques
- Handle various types of hair colouring and dyeing materials and perform the hair colouring
- Perform different types of hair cut like bob, straight cut etc.

Block -1: Hair and Hair Rinsing

Unit-1: Study of Hair

Introduction-Structure of the Hair-Growth Rate of Hair-Types of Hair-Characteristics of the hair shaft-Biological Effects upon Hair-Diseases and disorders of the Hair and Scalp- Practices that Damage Hair-Analyse Hair and Scalp-Scalp Manipulations

Unit-2: Hair Rinsing

Shampooing-Different Types of Shampoos-The Choice of a Shampoo-Shampooing Clients Hair

Block -2: Hair Styling and Colouring

Unit-3: Thermal Hair Styling

Methods of Hair Designing-Thermal Air Styling – Blow Drying-Hot Rollers-Curly Hair Style-Curling Irons-Thermal Relaxing Techniques-Straightening-Hair Perming

Unit-4: Hair Colouring

Hair Colouring-Basic Principles of Colour-Classification of the Hair Colour-Hair Colour Record-Henna treatment-Herbal Hair Dye-Fancy Hair Colouring-Highlighting-Lighteners and Their Effects-Toners (Two-step tints)

Block- 3:Hair Treatments and Bob Cut

Unit-5: Hair Treatment

Hair Treatment-Scalp Treatment-Hot Oil Massage-Henna Conditioning-Protein Conditioning-Split Ends Remedy

Unit-6: Hair Cut – Bob

Step By Step Procedure-The Finish Procedure-Finished Look

Block- 4:Other Types Of Hair Cuts

Unit-7: Forward Graduation Cut

Step by Step Procedures-The Cut-The Finish-Finish Look

Unit-8: One Length Cut

Step by Step Procedures-The Cut-The Finish-The Finished Look



Swami Vivekananda Rural Community College (SVRCC),

Name of the Programme- Vocational Diploma in Beautician- Syllabus (Flexible Skill Training Mode)

Course Title	Entrepreneurship Development
Course Code	VDIB-3
Course Credit	4

Course Objectives

While studying the **Entrepreneurship Development**, the student shall be able to:

- Explain about Entrepreneurs and characteristics of them
- Describe the Parlour maintenance and client handling

- Explain the creation and submission of Project Proposal
- Aware of institutional support and financial avenues available for entrepreneurs

Course Outcomes

After completion of the **Course Entrepreneurship Development**, the student will be able to:

- Plan about the setting of a saloon/ parlour
- Devise a Project Proposal for want of fund/ loan
- List the ways of handling the customer and hygiene management of parlour

Block-1: Entrepreneurship and Beauty Profession

Unit-1 – Entrepreneurship

Definition and Meaning of Entrepreneur- Characteristics of Entrepreneur - Functions of Entrepreneur- Classification of Entrepreneurs- Role and Importance of Entrepreneurship- Evolution of Indian Entrepreneurship- Women Entrepreneurs

Unit-2: Beauty Profession – Ethics and Qualities

Beauty Profession- Professional Ethics in Salon- Client/Customer Relationship in Beauty Parlour- Physical presentation of beauty salon professional- Qualities of Beauty professional- Opportunities and Progression in Beauty Profession

Block- 2: Saloon Planning and Management

Unit-3: Client Consultation and Understanding

Client consultation- Consultation Steps and Techniques- Client consultation Tool- Understand Your Client Types

Unit-4: Beauty Salon Planning and Management

Beauty Salon - Beauty Salon Business Planning- Managing Steps for Beauty Salon- Planning for beauty salon lay out - Selection of tools and equipment- Recommendation for Professional Beauty Products

Block -3: Creation of Project and Starting a Small Scale Enterprise

Unit-5: Project Identification

Meaning of Project- Characteristics of a Project- Classification of a Project- Project Objectives- Project Selection- Stages in the process of Project or Project Life Cycle- Project Appraisal- Financial Criteria- Project Report - Characteristics of a Successful Business Plan- Financial Analysis- Cash Flow Analysis- Budgets and Budgetary Control

Unit-6: Steps for Starting a Small Scale Enterprise

Introduction to Small Scale Industries- Setting-up a Small-Scale Unit - Problems related to Small-Scale Industries- Measures for improvement- Government policies and measures to improve Small-Scale Industries- List of items reserved for Small-

Scale Industries - Role of Small-Scale Industries in the Indian Economy - Incentives and Subsidies offered to Small Scale Industries- Subsidies and Incentives in Tamilnadu- Small Industries Development Bank of India- Sole trader / Sole proprietorship- Partnership- Joint Stock Company

Block -4: Institutional Finance and Support to Entrepreneurs

Unit-7: Institutional Finance and Entrepreneurs

Introduction to Entrepreneurial Development Programme (EDP) - Role of Government and Non-Government, National, State and District level Institutions to assist EDPs- Financial Institutions- Other Financial Institutions-Jawahar Rozgar Yojana Scheme (JRY)

Unit-8: Institutional Support to Entrepreneurs

Role of Government and Non-Government institutions-National Small Industries Corporation (NSIC)-Small Industries Development Organization (SIDO) - District Industries Centres(DIC)-Technical Consultancy Organizations(TCO)- The Tamil Nadu Industrial Investment Corporation Ltd(TIIC)- Khadi and Village Industries Commission(KVIC)- Industrial Estates-Industrial and Technical Consultancy Organization Of Tamil Nadu(ITCOT)-State Industrial Promotion Corporation of Tamil Nadu Limited (SIPCOT)-Total Quality Management (TQM)-International Standards Organization (ISO)- Other institute support to the entrepreneur- Small Scale Industries Policy-Rural Entrepreneurship



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Course Title	Skin Care (Practical)
Course Code	VDIB- P1
Course Credit	4

1. Handling of equipments used for skin care
2. Skin testing
3. Mini facial
4. Herbal facial
5. Galvanic facial

6. Aroma facial
7. Biotech facial
8. Pearl facial
9. Fruit facial
10. Vegetable facial
11. Eye brow trimming
12. Pimple treatment
13. Bleaching
14. Powder bleach
15. Detanning
16. Pedicure
17. Manicure



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Course Title	Hair care, Make-up and Mehendi
Course Code	VDIB- P1
Course Credit	4

1. Handling of hair care equipments
2. Hot oil massage
3. Henna Hair conditioning
4. Dandruff treatment
5. Hair dyeing
6. Coloring
7. Straightening
8. Different Styles of Haircuts - 5
9. Types of hair styles – 5
10. Art of Mehendi
11. Party makeup
12. Bridal Makeup